



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>KEY:</p> <ul style="list-style-type: none"> ♥ = Smart Choice entree item (16 grams of fat or less) 🏠 = Homemade fresh in the Opaal kitchen 🌾 = Whole Grain-Rich 🍏 = Farm Fresh Product 🥜 = Made with peanuts 🐷 = Pork 	<p>Don't forget to take the</p> <p>"Extreme Fruit and Vegetable" Challenge</p>	<p>Opaal is proud to provide fresh, locally-grown produce whenever they are available.</p> <p>Partnering with us in this endeavor are the following Missouri farms:</p> <p>Hamra Farms Farhmeier Farms Rasa Orchard</p>	<p>1</p> <ul style="list-style-type: none"> Pancake Sausage Griddle 🌾 🏠 🐷, Fresh Apple 🍏 Fruit & Yogurt Parfait 🏠 ♥, Fruit Streusel Muffin 🏠, Fresh Apple 🍏 General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Fresh Apple 🍏 Sweet Rice 🏠 🌾, Toast & Jelly 🌾, Fresh Apple 🍏 	<p>2</p> <ul style="list-style-type: none"> Biscuits & Gravy 🏠 ♥, Sausage 🐷, Chilled Juice Mini Pancakes 🌾 ♥, Chilled Juice General Mills Cereal 🌾 ♥, Yogurt ♥, Chilled Juice Oatmeal 🌾 🏠 ♥, Yogurt ♥, Chilled Juice
<p>5</p> <ul style="list-style-type: none"> Waffles 🌾 ♥, Banana Sausage Biscuit 🏠 🌾 🐷, Banana General Mills Cereal 🌾 ♥, Yogurt ♥, Banana Oatmeal 🌾 🏠 ♥, Yogurt ♥, Banana 	<p>6</p> <ul style="list-style-type: none"> Breakfast Pizza ♥ 🌾, Orange Smiles Fruit & Yogurt Parfait 🏠 ♥, Fruit Streusel Muffin 🏠, Orange Smiles General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Orange Smiles Sweet Rice 🏠 🌾, Toast & Jelly 🌾, Orange Smiles 	<p>7</p> <ul style="list-style-type: none"> Sausage Pancake on Stick ♥ 🐷, Fresh Fruit Mix Cinnamon Roll 🏠 🌾 ♥, Fresh Fruit Mix General Mills Cereal 🌾 ♥, Yogurt ♥, Fresh Fruit Mix Oatmeal 🌾 🏠 ♥, Yogurt ♥, Fresh Fruit Mix 	<p>8 Monthly Menu Feature!</p> <ul style="list-style-type: none"> Scrambled Eggs ♥, Toast & Jelly 🌾, Chilled Juice Breakfast Fruit Turnover 🌾 🏠, Cheese Stick, Chilled Juice General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Chilled Juice Sweet Rice 🏠 🌾, Toast & Jelly 🌾, Chilled Juice 	<p>9</p> <ul style="list-style-type: none"> Biscuits & Gravy 🏠 ♥, Sausage 🐷, Blushing Pears Mini Pancakes 🌾 ♥, Blushing Pears General Mills Cereal 🌾 ♥, Yogurt ♥, Blushing Pears Oatmeal 🌾 🏠 ♥, Yogurt ♥, Blushing Pears
<p>12</p> <ul style="list-style-type: none"> French Toast Sticks 🌾 ♥, Banana Breakfast Calzone 🌾 ♥ 🐷, Banana General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Banana Oatmeal 🌾 🏠 ♥, Toast & Jelly 🌾, Banana 	<p>13</p> <ul style="list-style-type: none"> Scrambled Eggs ♥, Cinnamon Toast 🌾, Peaches Yogurt ♥, Ultimate Breakfast Round 🌾 ♥, Peaches General Mills Cereal 🌾 ♥, Cinnamon Toast 🌾, Peaches Sweet Rice 🏠 🌾, Cinnamon Toast 🌾, Peaches 	<p>14</p> <ul style="list-style-type: none"> Breakfast Pizza ♥ 🌾, Banana Orange Mix Cinnamon Roll 🏠 🌾 ♥, Banana Orange Mix General Mills Cereal 🌾 ♥, Yogurt ♥, Banana Orange Mix Oatmeal 🌾 🏠 ♥, Yogurt ♥, Banana Orange Mix 	<p>15</p> <ul style="list-style-type: none"> Pancake Sausage Griddle 🌾 🏠 🐷, Fresh Apple 🍏 Fruit & Yogurt Parfait 🏠 ♥, Fruit Streusel Muffin 🏠, Fresh Apple 🍏 General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Fresh Apple 🍏 Sweet Rice 🏠 🌾, Toast & Jelly 🌾, Fresh Apple 🍏 	<p>16</p> <ul style="list-style-type: none"> Biscuits & Gravy 🏠 ♥, Sausage 🐷, Chilled Juice Mini Pancakes 🌾 ♥, Chilled Juice General Mills Cereal 🌾 ♥, Yogurt ♥, Chilled Juice Oatmeal 🌾 🏠 ♥, Yogurt ♥, Chilled Juice
<p>19</p> <ul style="list-style-type: none"> Waffles 🌾 ♥, Banana Sausage Biscuit 🏠 🌾 🐷, Banana General Mills Cereal 🌾 ♥, Yogurt ♥, Banana Oatmeal 🌾 🏠 ♥, Yogurt ♥, Banana 	<p>20</p> <ul style="list-style-type: none"> Breakfast Pizza ♥ 🌾, Orange Smiles Fruit & Yogurt Parfait 🏠 ♥, Fruit Streusel Muffin 🏠, Orange Smiles General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Orange Smiles Sweet Rice 🏠 🌾, Toast & Jelly 🌾, Orange Smiles 	<p>21</p> <ul style="list-style-type: none"> Sausage Pancake on Stick ♥ 🐷, Fresh Fruit Mix Cinnamon Roll 🏠 🌾 ♥, Fresh Fruit Mix General Mills Cereal 🌾 ♥, Yogurt ♥, Fresh Fruit Mix Oatmeal 🌾 🏠 ♥, Yogurt ♥, Fresh Fruit Mix 	<p>22 Monthly Menu Feature!</p> <ul style="list-style-type: none"> Scrambled Eggs ♥, Toast & Jelly 🌾, Chilled Juice Breakfast Fruit Turnover 🌾 🏠, Cheese Stick, Chilled Juice General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Chilled Juice Sweet Rice 🏠 🌾, Toast & Jelly 🌾, Chilled Juice 	<p>23</p> <ul style="list-style-type: none"> Biscuits & Gravy 🏠 ♥, Sausage 🐷, Blushing Pears Mini Pancakes 🌾 ♥, Blushing Pears General Mills Cereal 🌾 ♥, Yogurt ♥, Blushing Pears Oatmeal 🌾 🏠 ♥, Yogurt ♥, Blushing Pears
<p>26</p> <ul style="list-style-type: none"> French Toast Sticks 🌾 ♥, Banana Breakfast Calzone 🌾 ♥ 🐷, Banana General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Banana Oatmeal 🌾 🏠 ♥, Toast & Jelly 🌾, Banana 	<p>27</p> <ul style="list-style-type: none"> Scrambled Eggs ♥, Cinnamon Toast 🌾, Peaches Fruit & Yogurt Parfait 🏠 ♥, Fruit Streusel Muffin 🏠, Peaches General Mills Cereal 🌾 ♥, Cinnamon Toast 🌾, Peaches Sweet Rice 🏠 🌾, Cinnamon Toast 🌾, Peaches 	<p>28</p> <ul style="list-style-type: none"> Breakfast Pizza ♥ 🌾, Banana Orange Mix Cinnamon Roll 🏠 🌾 ♥, Banana Orange Mix General Mills Cereal 🌾 ♥, Yogurt ♥, Banana Orange Mix Oatmeal 🌾 🏠 ♥, Yogurt ♥, Banana Orange Mix 	<p>29</p> <ul style="list-style-type: none"> Pancake Sausage Griddle 🌾 🏠 🐷, Fresh Apple 🍏 Yogurt ♥, Fruit Streusel Muffin 🏠, Fresh Apple 🍏 General Mills Cereal 🌾 ♥, Toast & Jelly 🌾, Fresh Apple 🍏 Sweet Rice 🏠 🌾, Toast & Jelly 🌾, Fresh Apple 🍏 	<p>30</p> <ul style="list-style-type: none"> Biscuits & Gravy 🏠 ♥, Sausage 🐷, Chilled Juice Mini Pancakes 🌾 ♥, Chilled Juice General Mills Cereal 🌾 ♥, Yogurt ♥, Chilled Juice Oatmeal 🌾 🏠 ♥, Yogurt ♥, Chilled Juice





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

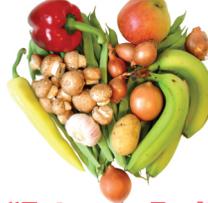
FRIDAY

- KEY:**
- ♥ = Smart Choice entree item (16 grams of fat or less)
 - 🏠 = Homemade fresh in the Opaa! kitchen
 - 🌾 = Whole Grain-Rich
 - 🍏 = Farm Fresh Product
 - 🥜 = Made with peanuts
 - 🐷 = Pork

Opaa! designs elementary menus to meet the nutrition targets for



Don't forget to take the



"Extreme Fruit and Vegetable" Challenge

- 1**
- Chicken & Noodles w/ Focaccia Bread 🌾
 - Meatball Sub 🏠 🥜
 - BBQ Beef on Bun ♥ 🌾 🏠
 - Sweet Potato Fries, Roasted Corn, Chilled Pears, Fresh Fruit
 - Popcorn Chicken Salad 🌾 🏠, Roasted Corn, Chilled Pears, Fresh Fruit, Opaa! Focaccia Bread 🏠 🌾
 - Taco Bar 🏠 🌾 🥜, Red Pepper Rings, Fresh Garden Salad 🍏, Roasted Corn, Chilled Pears, Fresh Fruit, Spanish Rice 🏠 🌾

- 2**
- Tony's Pizza ♥ 🌾 🥜
 - Peanut Butter & Jelly w/ Yogurt 🏠 🌾 🥜
 - Mozzarella Dunkers w/ Marinara 🏠 🌾
 - Spinach Salad, Baby Carrots w/ Dip, Fresh Green Pepper Cauliflower w/ Dip, Fresh Banana, Chilled Fruit
 - Ham Chef Salad ♥ 🌾 🏠 🥜, Baby Carrots w/ Dip, Fresh Banana, Chilled Fruit, Fruit Muffin 🏠 🌾
 - Wrap it Up Bar 🌾 🏠 🌾, Spinach Salad, Baby Carrots w/ Dip, Fresh Green Pepper Cauliflower w/ Dip, Fresh Banana, Chilled Fruit, Pasta Salad 🏠 🌾

- 5 Cinco de Mayo**
- Chicken & Cheese Quesadilla ♥ 🌾 🏠
 - Soft Tacos ♥ 🌾 🏠 🥜
 - Grilled Cheese Sandwich 🏠 🌾
 - Fresh Garden Salad 🍏, Borracho Black Beans, Orange Pineapple Mix, Fresh Fruit
 - Fajita Chicken Salad 🌾 ♥ 🏠, Borracho Black Beans, Orange Pineapple Mix, Fresh Fruit, Tortilla Chips 🌾
 - Fresh from the Opaa! Oven Pizza 🏠 🌾 ♥ 🥜, Fresh Garden Salad 🍏, Borracho Black Beans, Orange Pineapple Mix, Fresh Fruit

- 6**
- Hot Dog on a Bun ♥ 🌾
 - BBQ Rib on Bun ♥ 🌾 🏠
 - Italian Calzone 🌾 🏠 ♥ 🥜
 - Sweet Potato Fries, Fresh Broccoli w/ Dip, Fresh Orange Smiles, Chilled Fruit
 - Turkey Chef Salad ♥ 🌾 🏠 🥜, Peas, Fresh Orange Smiles, Chilled Fruit, Corn Muffin 🏠 🌾
 - Build Your Own Burger Bar 🌾 ♥, Sweet Potato Fries, Fresh Broccoli w/ Dip, Fresh Orange Smiles, Chilled Fruit

- 7**
- Chicken Patty ♥ 🌾 / Grilled Chicken ♥
 - Roast Turkey 🏠 🌾
 - Homestyle Meatloaf 🏠
 - Mashed Potatoes w/ Gravy, Glazed Carrots, Blushing Pears, Fresh Fruit, Opaa! Hot Roll 🏠
 - Caesar Chef Salad 🌾 🏠, Glazed Carrots, Blushing Pears, Fresh Fruit, Opaa! Hot Roll 🏠 🌾
 - Seasoned Grilled Chicken Sandwich 🌾 🏠 ♥, Mashed Potatoes w/ Gravy, Glazed Carrots, Blushing Pears, Fresh Fruit

- 8**
- Spaghetti & Meatballs w/ Italian Bread 🌾 ♥ 🏠
 - Ham & Cheese Sub 🏠 🌾 ♥ 🥜
 - Grilled Chicken Sandwich ♥ 🌾
 - Fresh Garden Salad 🍏, Green Beans, Cherry Tomatoes 🍏, Tropical Fruit, Fresh Fruit
 - Popcorn Chicken Salad 🌾 🏠, Cherry Tomatoes 🍏, Tropical Fruit, Fresh Fruit, Opaa! Italian Bread 🏠 🌾
 - South of the Border Bar 🏠 🌾 ♥ 🥜, Fresh Garden Salad 🍏, Green Beans, Cherry Tomatoes 🍏, Tropical Fruit, Fresh Fruit, Spanish Rice 🏠 🌾

- 9**
- Opaa! Cheese Pizza 🌾 🏠
 - Popcorn Chicken Wrap 🌾 🏠
 - Peanut Butter & Jelly w/ Yogurt 🏠 🌾 🥜
 - Fresh Garden Salad 🍏, Corn, Fresh Garden Veggies, Fresh Banana, Chilled Fruit
 - Ham Chef Salad ♥ 🌾 🏠 🥜, Corn, Fresh Banana, Chilled Fruit, Fruit Muffin 🏠 🌾
 - Sand-wedge Bar 🏠 🌾 ♥ 🥜, Fresh Garden Salad 🍏, Corn, Fresh Garden Veggies, Fresh Banana, Chilled Fruit

- 12**
- Cheeseburger ♥ 🌾
 - BBQ Chicken on Bun ♥ 🌾 🏠
 - Mozzarella Dunkers w/ Marinara 🌾 🏠
 - Sweet Potato Fries, Green Beans, Pineapple, Fresh Fruit
 - Turkey Chef Salad ♥ 🌾 🏠 🥜, Peas, Pineapple, Fresh Fruit, Corn Muffin 🏠 🌾
 - Super Sub Bar 🏠 🌾 ♥ 🥜, Sweet Potato Fries, Green Beans, Pineapple, Fresh Fruit

- 13**
- Chicken Strips ♥ 🌾
 - Peanut Butter & Jelly w/ Yogurt 🏠 🌾 🥜
 - Tuscan Sandwich ♥ 🌾 🏠
 - Fresh Garden Salad 🍏, BBQ Bacon Beans 🏠 🥜, Fresh Orange Smiles, Chilled Fruit
 - Fajita Chicken Salad ♥ 🌾 🏠, BBQ Bacon Beans 🏠 🥜, Fresh Orange Smiles, Chilled Fruit, Tortilla Chips 🌾
 - South of the Border Bar 🏠 🌾 ♥ 🥜, Fresh Garden Salad 🍏, BBQ Bacon Beans 🏠 🥜, Fresh Orange Smiles, Chilled Fruit

- 14**
- Chicken Patty ♥ 🌾 / Grilled Chicken ♥
 - Homestyle Meatloaf 🏠
 - Roast Turkey 🏠 🌾
 - Mashed Potatoes w/ Gravy, Steamed Broccoli, Blushing Pears, Fresh Fruit, Opaa! Hot Roll 🏠
 - Caesar Chef Salad 🌾 🏠, Baby Carrots w/ Dip, Blushing Pears, Fresh Fruit, Opaa! Hot Roll 🏠 🌾
 - French Dip 🏠 🌾 ♥, Mashed Potatoes w/ Gravy, Steamed Broccoli, Blushing Pears, Fresh Fruit

- 15**
- Spaghetti w/ Italian Bread ♥ 🌾 🏠 🥜
 - Hot Dog on a Bun ♥ 🌾
 - Meatball Sub 🏠 🌾 🥜
 - Spinach Salad, Glazed Carrots, Cherry Tomatoes 🍏, Peaches, Fresh Fruit
 - Popcorn Chicken Salad 🌾 🏠, Cherry Tomatoes 🍏, Peaches, Fresh Fruit, Opaa! Italian Bread 🏠 🌾
 - Build Your Own Burger Bar 🌾 ♥ 🌾, Spinach Salad, Glazed Carrots, Cherry Tomatoes 🍏, Peaches, Fresh Fruit

- 16**
- Tony's Pizza ♥ 🌾 🥜
 - Mozzarella Dunkers w/ Marinara 🏠 🌾
 - Peanut Butter & Jelly w/ Yogurt 🏠 🌾 🥜
 - Fresh Garden Salad 🍏, Mexicali Corn, Baby Carrots w/ Dip, Fresh Apple 🍏, Chilled Fruit
 - Ham Chef Salad ♥ 🌾 🏠 🥜, Mexicali Corn, Fresh Apple 🍏, Chilled Fruit, Fruit Muffin 🏠 🌾
 - Smokin BBQ Bar 🏠 🌾 ♥ 🥜, Fresh Garden Salad 🍏, Mexicali Corn, Baby Carrots w/ Dip, Fresh Apple 🍏, Chilled Fruit

- 19**
- Chicken & Waffles 🌾
 - Corn Dog ♥
 - Sloppy Joe ♥ 🌾 🏠
 - Oven Fries, Fresh Broccoli w/ Dip, Fresh Orange Smiles, Chilled Fruit
 - Turkey Chef Salad ♥ 🌾 🏠 🥜, Peas, Fresh Orange Smiles, Chilled Fruit, Corn Muffin 🏠 🌾
 - Sand-wedge Bar 🏠 🌾 ♥ 🥜, Oven Fries, Fresh Broccoli w/ Dip, Fresh Orange Smiles, Chilled Fruit

- 20**
- Chicken Nuggets 🌾
 - Super Nachos 🌾 🏠 🥜
 - Grilled Cheese Sandwich 🏠 🌾
 - Fresh Garden Salad 🍏, Easy Bean Bake 🏠 🥜, Pineapple, Fresh Fruit
 - Fajita Chicken Salad 🌾 ♥ 🏠, Easy Bean Bake 🏠 🥜, Pineapple, Fresh Fruit, Tortilla Chips 🌾
 - Build Your Own Burger Bar 🌾 ♥, Fresh Garden Salad 🍏, Easy Bean Bake 🏠 🥜, Pineapple, Fresh Fruit

- 21**
- Chicken Patty ♥ 🌾 / Grilled Chicken ♥
 - Roast Turkey ♥ 🏠
 - Swiss Steak ♥ 🏠
 - Mashed Potatoes w/ Gravy, Glazed Carrots, Peaches, Fresh Fruit, Opaa! Hot Roll 🏠
 - Caesar Chef Salad 🌾 🏠, Glazed Carrots, Peaches, Fresh Fruit, Opaa! Hot Roll 🏠 🌾
 - BBQ Beef on Bun ♥ 🌾 🏠, Mashed Potatoes w/ Gravy, Glazed Carrots, Peaches, Fresh Fruit

- 22**
- BBQ Rib on Bun ♥ 🌾 🏠
 - Chicken & Cheese Quesadilla ♥ 🌾 🏠
 - Turkey Club Sub on Opaa! Deli 🏠 🌾 🥜
 - Cherry Tomatoes 🍏, Corn, Steamed Broccoli, Strawberry Banana Mix, Chilled Fruit
 - Popcorn Chicken Salad 🌾 🏠, Corn, Strawberry Banana Mix, Chilled Fruit, Opaa! Focaccia Bread 🏠 🌾
 - Italian Pasta Bar 🏠 🌾 🥜, Fresh Garden Salad 🍏, Cherry Tomatoes 🍏, Corn, Strawberry Banana Mix, Chilled Fruit, Opaa! Focaccia Bread 🏠 🌾

- 23**
- Opaa! Cheese Pizza 🌾 🏠
 - 3 Cheese Grilled Cheese 🌾 🏠
 - BBQ Chicken on Bun ♥ 🌾 🏠
 - Baby Carrots w/ Dip, Red Pepper Rings, Fresh Garden Salad 🍏, Chilled Pears, Fresh Fruit
 - Ham Chef Salad ♥ 🌾 🏠 🥜, Red Pepper Rings, Chilled Pears, Fresh Fruit, Fruit Muffin 🏠 🌾
 - Baked Potato Bar 🏠 🌾 ♥ 🥜, Baby Carrots w/ Dip, Red Pepper Rings, Fresh Garden Salad 🍏, Chilled Pears, Fresh Fruit, Corn Muffin 🏠 🌾

- 26**
- Cheeseburger ♥ 🌾
 - Italian Grilled Chicken Sandwich ♥ 🏠
 - Mozzarella Dunkers w/ Marinara 🌾 🏠
 - Sweet Potato Fries, Spinach Salad, Fresh Orange Smiles, Chilled Fruit
 - Turkey Chef Salad ♥ 🌾 🏠 🥜, Peas, Fresh Orange Smiles, Chilled Fruit, Corn Muffin 🏠 🌾
 - Smokin BBQ Bar 🏠 🌾 ♥ 🥜, Sweet Potato Fries, Spinach Salad, Fresh Orange Smiles, Chilled Fruit

- 27**
- Chicken Strips ♥ 🌾
 - Ham & Cheese on Bun ♥ 🌾 🥜
 - Chicken Nachos w/ White Queso 🌾 🏠
 - Fresh Garden Salad 🍏, Texas Pintos 🏠, Peaches, Fresh Fruit
 - Fajita Chicken Salad 🌾 ♥ 🏠, Texas Pintos 🏠, Peaches, Fresh Fruit, Tortilla Chips 🌾
 - South of the Border Bar 🏠 🌾 ♥ 🥜, Fresh Garden Salad 🍏, Texas Pintos 🏠, Peaches, Fresh Fruit

- 28**
- Chicken Patty ♥ 🌾 / Grilled Chicken ♥
 - Homestyle Meatloaf 🏠
 - Roast Turkey ♥ 🏠
 - Mashed Potatoes w/ Gravy, Broccoli Carrot Mix, Chilled Pears, Fresh Fruit, Opaa! Hot Roll 🏠
 - Caesar Chef Salad 🌾 🏠, Baby Carrots w/ Dip, Chilled Pears, Fresh Fruit, Opaa! Hot Roll 🏠 🌾
 - Turkey & Cheddar Melt ♥ 🏠 🌾 ♥, Mashed Potatoes w/ Gravy, Broccoli Carrot Mix, Chilled Pears, Fresh Fruit

- 29**
- Spaghetti w/ Italian Bread ♥ 🌾 🏠 🥜
 - French Dip 🏠 🌾
 - Corn Dog ♥
 - Fresh Garden Salad 🍏, Corn, Red Pepper Rings, Orange Pineapple Mix, Fresh Fruit
 - Popcorn Chicken Salad 🌾 🏠, Corn, Orange Pineapple Mix, Fresh Fruit, Opaa! Italian Bread 🏠 🌾
 - All American Hot Dog Bar 🌾 ♥ 🏠, Fresh Garden Salad 🍏, Corn, Red Pepper Rings, Orange Pineapple Mix, Fresh Fruit, Pasta Salad 🏠 🌾

- 30**
- Opaa! Pepperoni Pizza 🌾 🏠
 - Peanut Butter & Jelly w/ Yogurt 🏠 🌾 🥜
 - Italian Sub on Deli Bun 🌾 🏠 ♥ 🥜
 - Fresh Garden Salad 🍏, Cherry Tomatoes 🍏, Fresh Broccoli w/ Dip, Fresh Apple 🍏, Chilled Fruit
 - Ham Chef Salad ♥ 🌾 🏠 🥜, Cherry Tomatoes 🍏, Fresh Apple 🍏, Chilled Fruit, Fruit Muffin 🏠 🌾
 - Build Your Own Burger Bar 🌾 ♥, Fresh Garden Salad 🍏, Cherry Tomatoes 🍏, Fresh Broccoli w/ Dip, Fresh Apple 🍏, Chilled Fruit

This institution is an equal-opportunity provider.

Opaa! menus are created in accordance with
USDA Regulation for Healthy, Hunger-Free Kids Act.
 Choice of fat-free (unflavored or flavored) and unflavored low-fat milk offered daily.

• Menus subject to change. •